In case of arrest in Belgium

If you are arrested by the police

1. Immediately call someone you trust.
2. Only speak and listen in the languages you speak fluently. You don’t understand English.
4. They can keep you up to 24 hours at the police station, they must return your things to you.

When you are released, tell this to the support person.

If you are taken to a closed center

1. Contact someone you trust right away. Ask help to another prisoner.
2. Only speak and listen in the languages you speak fluently. You don’t understand English.
3. Do not sign any paper. If you cannot resist, write: *I do not understand*, in your mother language.
4. Beware of social workers, they are agents of the Immigration Office. They follow instructions.
5. Accept only lawyers proposed by volunteers or by someone you trust. Do not believe when you are told that having a lawyer extends the length of detention, that is not true. Defenseless, you are alone, that means that you are vulnerable.
6. You can call Getting The Voice Out +32 484 02 67 81 (French and Dutch) or Michèle +44 7482 042740 (French and English), these are volunteers who can help you.

When you are released, tell the people who helped you.

If you are taken to prison

1. Contact immediately +32 470 93 65 04.
2. Only speak and listen in the languages you speak fluently. You don’t understand English.
3. Do not sign any paper. If you cannot resist, write: *I do not understand*, in your mother language.

Register this phone numbers in your phone.
Take a photo of this fact sheet.
Send it to your friends.